

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	15.2	5.8	10	25
Health status	0.7	0.4	0	1
Stress level	3.2	1.1	1	5
Life satisfaction	4.1	0.8	3	5
Work-life balance	3.8	0.9	2	5
Family support	4.5	0.7	3	5
Community involvement	3.5	1.0	2	5
Personal growth	4.2	0.6	3	5
Financial stability	3.9	0.8	2	5
Emotional well-being	4.3	0.7	3	5
Physical health	4.0	0.9	3	5
Social support	4.4	0.6	3	5
Work satisfaction	3.7	0.8	2	5
Life goals achievement	4.1	0.7	3	5
Overall quality of life	4.2	0.6	3	5

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